What is "in for you" participating in this Training?

- ★ You get a new perspective about yourself and others
- ★ You get aware of your nonverbal interaction and so you will get new emotional experiences
- ★ You develop your full motor/action potential
- ★ You increase your creative potential
- ★ You perceive how your movements/actions are connected to your emotions and to the idea of yourself
- ★ You relax more easily also in critical moments
- ★ You get serenity
- ★ You develop your inner LEADER, your inner voice
- ★ You get skills to motivate others to make new experiences and change their perspectives

MOVEMENT IS ENERGY IN ACTION. Energy flows, where your attention goes. Feel, intent, act.

To develop your movement intelligence, means to get awareness about emotions, feelings, actions, interactions by learning to perceive body, mind and spirit with the tool of movement analytic intervention and so far, to be capable to begin to act with the best intentions for yourself, for others and for the environment.

"The ability of embodiment to resonate change is an indication of healthiness. The development of the embodiment is a process of emotional conflict and resolution and the ability to experience emotional conflict is the psychodynamic impetus of the growth process. The inability to experience a specific emotional conflict is thus an indication of illness".

Cary Rick (Founder of Movement Analysis)



After 25 years of theoretical and practical investigation in,,movement and meaning," I learned there is a magical tool, all of us should be able to use in the best way:

It is our movement, our action.

With the wish in my mind and in my heart to help to develop a better synergetic action in this world, I am offering this Training.

Welcome to the Club of "the Magic of Movement Awareness, Movement Analysis, Movement Intelligence"

Dania Neumann, Movement Analyst CMAR



Psyche Soma Motricity

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info@danianeumann.com

THE MAGIC OF MOVEMENT



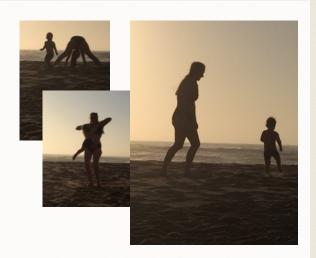
Psyche Soma

MOVEMENT ANALYSIS

COMPETENCE TRAINING 2018

For the Radical Change of Perception and New Perspectives

www.danianeumann.com School for Movement Intelligence



Learn by Doing and be your Action!

Science and spiritual insights have never been a contradiction. To understand non-duality, we have to live duality. Only through living, being, doing we can get a perception of non-duality.

Getting in touch with reality, we will be prepared to accept the Unknown.

The Unknown is the bases for serious scientific and spiritual research and our source to creativity.

The fixation in repeated movement/action patterns, preconditions we gathered through lifetime or in early childhood, can lead to get stuck in your personal and professional life.

There is a way to break unhealthy patterns immediately!

Movement Analysis, method Cary Rick, brings you consciousness about your action in life, and helps you to change unpleasant movement and action patterns by unfolding your full potential.

The Magic of Movement

Moving in Process - Movement and Coaching

The **Movement Analysis Competence Training** is for everybody who wants to develop her/his full Movement/Action Potential in relationship to others, in their cultural, professional and private environment. This is a **Training** for teachers, social workers, nurses, health practitioners, kinder-gardeners, psychologists, actors, therapists, psychotherapists, physiotherapists, dancers, psychoanalysts, dance-therapists, yoga-therapists, coaches, managers and all people who want to get a profound insight of "movement and meaning" **for personal and professional benefits.**

12 SPECIAL DAYS

YOUR COMMITMENT FOR BETTER HEALTH,
CLEAR PERCEPTION, PROFOUND INSIGHTS AND
CREATIVE VISION!

 Seminar 1
 - 24/25 of February
 2018

 Seminar 2
 - 7/8 of April
 2018

 Seminar 3
 - 16/17 of June
 2018

 Seminar 4
 - 1/2 of September 2018

 Seminar 5
 - 27/28 of October
 2018

 Seminar 6
 - 1/2 of December 2018

<u>Location</u>: Casa de Oração Santa Rafaela Maria, Rua de Santa Rafaela Maria, 2950-290 Palmela

<u>Tuition fees: All included: 2150 €.</u> (Training, single or double room for 12 days, breakfast, lunch, dinner) People who do not want to stay overnight pay <u>1700 €</u> for the Training and extra payment for meals.

The registration is valid by 1) - Combination of admission talk by skype contacting info@danianeumann.com or mobile: 918344064 2) the payment of 1700 € or 2150 € until the 18th of February to the account of Dania Neumann N.I.B 003521440002026653083 and filling the contact form in

The number of participants is restricted to 12 people!

Magic reveals the extraordinary in the ordinary. Learning to do the adequate action in the appropriate moment is the magical outcome of ordinary movement.



To be able to resolve your conflicts is a sign of healthiness. So take a deep breath and MOVE.

Stop, go, fast, slow, run, jump, sit, increase, release, lie down, get up, stay still, coordinate, play with your weight, use space, resist, walk, talk, sing, perceive, get aware, feel, understand, analyse.....RELATE.....